

**Portland DBT Program, PC
Client Rights and Responsibilities**

Clients receiving treatment at the Portland DBT Program have the right to:

1. Choose from available services and supports, those that are consistent with the ISSP and provided in the most integrated setting in the community and under conditions that are least restrictive to the individual's liberty, that are least intrusive to the individual and that provide for the greatest degree of independence.
2. Be treated with dignity and respect.
3. Participate in the development of a written ISSP, receive services consistent with that plan and participate in periodic review and reassessment of service and support needs, assist in the development of the plan, and to receive a copy of the written ISSP.
4. Have all services explained, including expected outcomes and possible risks.
5. Confidentiality, and the right to consent to disclosure in accordance with ORS 107.154, 179.505, 179.507, 192.515, 192.507, 42 CFR Part 2 and 45 CFR Part 205.50.
6. Give informed consent in writing prior to the start of services, except in a medical emergency or as otherwise permitted by law. Minor children may give informed consent to services in the following circumstances:
 - a. Under age 18 and lawfully married.
 - b. Age 16 or older and legally emancipated by the court.
 - c. Age 14 or older for outpatient services only. For purposes of informed consent, outpatient service does not include service provided in residential programs or in day or partial hospitalization programs.
7. Inspect their Individual Service Record in accordance with ORS 179.505.
8. Not participate in experimentation.
9. Receive medication specific to the individual's diagnosed clinical needs.
10. Receive prior notice of service conclusion or transfer, unless the circumstances necessitating service conclusion or transfer pose a threat to health and safety.
11. Be free from abuse or neglect and to report any incident of abuse or neglect without being subject to retaliation.
12. Have religious freedom.
13. Be free from seclusion and restraint, except as regulated in OAR 309-032-1540(9).
14. Be informed at the start of services, and periodically thereafter, of the rights guaranteed by this rule.
15. Be informed of the policies and procedures, service agreements and fees applicable to the services provided, and to have a custodial parent, guardian, or representative, assist with understanding any information presented.
16. Have family involvement in service planning and delivery.
17. Make a declaration for mental health treatment, when legally an adult.
18. File grievances, including appealing decisions resulting from the grievance.
19. Exercise all rights set forth in ORS 109.610 through 109.697 if the individual is a child, as defined by these rules.
20. Exercise all rights set forth in ORS 426.385 if the individual is committed to DHS.
21. Exercise all rights described in this rule without any form of reprisal or punishment.

In addition, adult clients receiving treatment at the Portland DBT Program have the responsibility to:

1. Be on time for appointments and call their therapist with 24 hours notice if there is a need to cancel.
2. Provide, to the extent possible, information that their therapist needs in order to provide psychological and other behavioral health services to you.
3. Participate, to the degree possible, in understanding their psychological/behavioral health condition and develop mutually agreed upon treatment goals.
4. Follow the plans and instructions for care that are agreed upon with their therapist.
5. Review their insurance benefit booklet or call their insurance customer relations representative to make sure services covered under their plan and follow plan requirements to have services properly authorized.
6. Pay all agreed upon out-of-pocket charges and fees, as negotiated with their therapist and outlined in their treatment plan, providing such fees are in compliance with their insurance company contract.